

Whitney Caves

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Scriptures for Anxiety

When I am afraid, I will put my trust in you. In God, whose word I praise, In God I have put my trust; I shall not be afraid. What can mere man do to me?

Psalm 56:3&4 NASB

For God has not given us a spirit of fearfulness, but one of power, love, and sound judgment.

2 Timothy 1:7 HCSB

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Philippians 4:8 NIV

I will remember the deeds of the LORD: yes, I will remember your wonders of old.

Psalm 77:11 ESV

She is clothed with strength and dignity; she can laugh at the days to come. She speaks with wisdom, and faithful instruction is on her tongue.

Proverbs 31:25&26 NIV

Then Jacob woke up and thought, “Surely the LORD is in this place, but I did not realize it!”

Genesis 28:16 The NET Bible

Even to your old age and gray hairs I am he. I am he who will sustain you. I have made you and will carry you; I will sustain you and I will rescue you.

Isaiah 46:4 NIV

Each time he said, “My grace is all you need. My power works best in weakness.” So now I am glad to boast about my weaknesses, so that the power of Christ can work through me.

2 Corinthians 12:9 NLT